

VENOUS EVALUATION

Patient Name: Last _____ First _____ Date: _____

Date of Birth: ____/____/____ Age: _____ Height: _____ Weight: _____ Sex: Female / Male

Primary Care Physician: _____

Allergies or reactions: _____

- Past Medical History:
- Cancer (if yes which type? Are you currently undergoing any treatments?) _____
- Lung Disease (Asthma, Emphysema, Chronic bronchitis, other) _____
- Heart disease (Heart Attack, Coronary artery disease, arrhythmia, murmur, enlarged heart, heart failure, other) _____
- Diabetes (Insulin or Non-Insulin dependent)
- Hypertension (High blood pressure)
- Hypercholesterolemia (High cholesterol/triglycerides)
- Stroke
- Blood clots (Phlebitis, DVT)
- Thrombophilia (HIT, Factor V Leiden, Protein C/S deficiency, homocysteinemia, other) _____
- Infectious diseases (HIV, Hepatitis, tuberculosis, other) _____
- Arthritis (osteo/rheumatoid)
- Neurological disorder (Migraines, Multiple Sclerosis, Myesthenia Gravis, Parkinson's disease, Alzheimer's disease, other) _____
- Peripheral Arterial disease
- Thyroid dysfunction (if yes, please specify) _____
- Gastrointestinal condition (GERD, PUD, Colitis, Liver disease, hemorrhoids, other) _____
- Skin disorders (psoriasis, eczema, Idiopathic thrombocytopenic purpura, other) _____

Medications:

- Blood thinners (Aspirin, Plavix, Coumadin, other) _____
- Hormone replacement therapy (HRT); Contraception (oral, injection, other) _____
- Other prescriptions _____
- Other over the counter _____
- Vitamins/supplements _____

Past Surgical History:

- Vein surgery (Stripping & Ligation, Phlebectomy, Sclerotherapy, Laser). Which leg? When? _____
 - Please specify _____
- Stents (heart, carotid, peripheral/legs or arms) please specify _____
- Other _____

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Social history:

- Smoking (yes/no) please specify _____
- Alcohol (yes/no) please specify _____
- Illegal drugs (yes /no) please specify _____
- Work history (standing occupation i.e. teacher, hair dresser, retail, other) _____
- Athletic history (sports, if yes which? Injuries?) _____
- Exercise history (if yes please specify i.e. weight lifting, running, kick boxing, other) _____
- Ambulatory status (Bedridden, wheelchair, walker, cane, limp, none) _____

Family history:

- Varicose veins (who?) _____
- Blood clots (who?) _____
- Leg ulcers (who?) _____

Child rearing history (females only):

- Are you pregnant? (yes/no)
- Do you intend to become pregnant in the next year? (yes/no)
- Are you currently breast feeding? (yes/no)
- How many pregnancies have you had? _____
- How many births? _____

Venous Review of systems:

- Which leg is affected: Left Right Both
- Type of veins: Bulging veins Blue surface veins Spider veins
- Symptoms: Pain Aching Throbbing Cramping Itching Burning Heaviness Fatigue Restless legs
- Signs: Warmth Redness Bluish discoloration Ankle swelling Leg ulcers Fluid leakage Vein bleeding
- Signs/Symptoms worse at end of day? (yes/no)
- Signs/Symptoms worse around menstrual cycle? (yes / no / N/A)

Venous Symptomatic management:

- Do you wear or have you worn compression stockings? When? For how long? Did they help?
- Do you take medicine for pain? If yes, what do you take? How often?
- Does anything else relieve your symptoms?

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Please state your personal priority and goal for vein treatment.

Signature: _____ Date: _____